

# 5<sup>th</sup> Annual Coaching Course

Facilitator: Maitre Claude Seguin

Dates: **August 9<sup>th</sup> to 13<sup>th</sup>, 2010, 9:00 am each day**

Who: all coaches striving to Level 3 and/or Level 4

Where: Salle Seguin Fencing centre  
414 1<sup>st</sup> Ave. N.  
Saskatoon SK



Registration: Maitre Claude Seguin  
3178 Eastview  
Saskatoon, SK  
S7J 3J4  
[salleseguin@shaw.ca](mailto:salleseguin@shaw.ca) for more information

Fees: \$500.00 participant in course  
\$100.00 each weapon for evaluation(s)

## Course information

- Bring note book
- Athletes will be provided for coaches to work with, you may bring athletes if you wish
- Theory sessions – fencing physiology, annual planning, LTAD, fencing terminology, tactics etc.
- Practical sessions, morning & afternoon
- Evaluations are not mandatory
- Come & enjoy pure fencing!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Birth date: \_\_\_\_\_ (DD/MM/YY)

Email: \_\_\_\_\_

NCCP: \_\_\_\_\_

Weapon working on: Epee  Sabre  Foil   
Exam: Yes  No