

**SECTION 17.1  
COACHES SELECTION POLICY**

## **Canadian Amateur Wrestling Association Coaching Selection Policy**

### **Objectives of the Program**

- a) To ensure that Canadian wrestling teams are provided with the highest quality of coaching.
- b) To provide a system to facilitate the professional growth of coaches in Canada.
- c) To facilitate a continued supply of highly skilled wrestling coaches for each of the competitive levels of amateur wrestling in Canada.
- d) To assist coaches across Canada in the sequential development from novice to top international coach.
- e) To increase the number of coaches at each level of the CAWA Coaching Program.
- f.) To assign coaches to competitions in accordance with their skills and qualifications.

### ***Coaching Selection Policy***

All coaching assignments for the following year, will be advertised to the High Performance Coaches and Provincial Associations each year following the Executive Committee's ratification of the National Team Programs in the Fall. The High Performance coaches may apply for each position at the May High Performance Coaches meeting at Senior Nationals. Applications are accepted up until the vote for each particular coaching selection during the actual High Performance Coaches Meeting

The first stage of selection will be done at the High Performance Coaches Meeting, who will pass on their recommendations to the Technical Committee. A coach must be fully certified at the required level by the time of the Senior Nationals where selections are made. The Technical Committee will review all of the applicants, for each of the National Team programs and recommend selections to the Executive Committee.

All coaches sent on CAWA sponsored trips must pay a fee of \$100.00 per year. Fees must be paid by the following September 30. Coaches with dues in arrears shall not be eligible for future assignments until the fee is paid.

All international coaching assignments will be identified by the National Program Director. The NPD will also participate in the selection process.

Coaches on international assignments must submit a written report to the national office within 14 days of returning from the assignment.

The following will be minimal requirements (i.e. NCCP Certification) associated with each assignment:

□ Olympic Team	COA Requirements	
□ World Championships (Men, Women, Senior, Junior)	Head Coach	Level IV
	Assistant Coach	Level III
□ National Team Activities (Men, Women, Senior, Junior)	Head Coach	Level IV
	Assistant Coach	Level III

There will be a limitation of two assignments per year per club.

The remuneration for World Team positions will consist of the following:

Men's Senior A World Team Head Coach	\$4,000
Men's Senior A World Team Assistant Coach	\$2,000
Women's Senior World Team Head Coach	\$2,000
Women's Senior A World Team Assistant Coach	\$1,000
Men's Junior World Team Head Coach	\$2,000
Men's Junior World Team Assistant Coach	\$1,000
Men's Senior B World Team Head Coach	\$1,000
Women's Junior World Team Head Coach	\$2,000
Men's Senior Greco World Team Head Coach	\$1,000

## **COACHING RESPONSIBILITIES AT INTERNATIONAL EVENTS**

The task of the coach begins far in advance of the team's departure. The coach must ensure that athletes arrive at the preparation camp (if applicable) in top physical condition and with weight well under control. Injury problems which may affect performance should be reported to the NPD as soon as they occur. Coaches should also be aware of any medication that athletes are taking.

Through the use of videotapes, the coach should compile a "technical profile" of the top international athletes in each weight class that he/she will be coaching.

Athlete assignments (for World Championships) will be made by the NPD as far in advance as possible, but certainly no later than the first day of camp. As a matter of courtesy, coaches are requested to offer technical advice and constructive criticism directed for other athletes to the athlete's assigned coach.

The same philosophy holds true when an athlete is on the mat. Encouragement should be general and positive in nature. Specific technical instructions must be left to the corner coach.

## **Pre-Competition**

On arrival, after accreditation, the coaches should become familiar with the competition site, training site, distance to, training schedule, availability of sauna and scales.

The coaches are responsible for monitoring assigned athletes in training sessions and adjusting the athlete's work load on an individual basis. They must ensure the athlete is on target for weigh-in day.

Coaches are required to attend the daily staff meetings. If coaches encounter problems with respect to food, accommodation, transportation, injuries, etc., the matter should be brought forward for discussion at the daily staff meeting.

## **Competition**

Coaches are responsible for scouting an athlete's next opponent through a video review, devising a specific match strategy, briefing the athlete and simulating the strategy in practice/warm up.

The coach and athlete should meet prior to each match to discuss the strategy and tactics to be implemented in the upcoming match. Coaches should ensure that the athlete is aware of the implications of the draw going into each match. This is of particular importance in later rounds when a single classification point can make the difference of several placements (ie. in World Cup competitions).

The coach must also ensure that each athlete is aware of the mat, colour of their singlet and approximate time that their next match will start. The manager is responsible for maintaining up-to-date information in this area.

Coaches must make sure that the assigned athletes are ready for their next match both physiologically and psychologically.

If an error occurs with the officiating team that results in a loss, the potential of a protest should be discussed with the coach, the NPD (if in attendance) and the Canadian official watching the match. The NPD or coach will draft the protest. All discussion concerning the protest should be done in private away from the athletes.

After each match, the coach should ensure that the athlete receives appropriate feedback. The athlete should also be appraised of the draw for the next round (see the manager) and if possible scout the next opponent live if the athlete has not yet wrestled.

## **Post Competition**

Coaches should hold a debriefing meeting with each athlete. They should discuss what went wrong, what was successful and what needs to be done in order to improve future performances.

In addition, the debriefing should reflect on how the athlete 'felt' or 'perceived' his/her match. Coaches will be required to prepare, as part of their written report, an analysis of each athlete's technical and psychological strengths and weaknesses. This report is due 14 days after arrival in Canada and should be available for the athlete's coach.

Personal coaches should use the recommendations from these reports when training their athletes for future international competitions.

Particularly at events where there has been no manager assigned, coaches may be asked to take on some managerial responsibilities.

### **ELECTION OF THE COACHES' REPRESENTATIVE ON THE BOARD OF DIRECTORS AND THE TECHNICAL COMMITTEE**

The coaches' representative (using the contained criteria) is elected for a term of two years at the coaches' meeting held after the Senior National Championships.

One coach from each club that has an athlete finishing in the top six at the Senior Men's National Championships or top three at the Senior Women's Championships has the right to vote for the coaches' representative.

### **HIGH PERFORMANCE COACHES MEETING**

One coach from each club that produces an athlete finishing in the top six at the Senior Men's National Championships and top three at the Senior Women's Championships has the right to vote in the High Performance Coaches Meeting.

Note: Only personal coaches of the athletes have the right to vote, rather than the coach of a provincial team.

Attached is a copy of the suggested qualifications for the Senior program.

# Canadian Amateur Wrestling Association

## Coaching Selection Policy

### COACHING QUALIFICATIONS

#### *Senior World Teams*

The Head Coach for the Senior World Teams must possess the following qualifications;

- certified NCCP Level 4
- significant experience and success at the international level (i.e. World Championships, Major Games)
- demonstrated ability to develop and monitor training programs of high performance athletes
- demonstrated ability to work cooperatively with athletes, coaches and other support staff
- excellent communication skills
- ability to motivate and encourage team building
- commitment to World Team Program or Olympic Team Program

The Assistant Coach for the Senior World Teams must possess the following qualifications;

- certified NCCP Level 3
- significant experience and success at the international level
- demonstrated ability to develop and monitor training programs of high performance athletes
- demonstrated ability to work with athletes, coaches and other support staff
- excellent communication skills
- ability to motivate and encourage team building
- commitment to the World Team Program or Major Games Program

#### *National Team Activities*

National Team activities, outside the Senior World Team events and major games, should be considered development events. However, as a guideline an individual must participate at a minimum of two international competitions prior to being assigned as a head coach. Head coaches must be certified Level 4 and assistant coaches at level 3 to participate in National Team events.

The compatibility of coaches should be considered when selecting more than one coach. The number of personal athletes that a coach has on a team as well as the club's placement at the specific national championships should also be considered.