

Elrose Wrestling Club

Elementary Invitational Tournament

DATE:	Saturday, December 3rd, 2005
VENUE:	Elrose Composite School, Elrose, Sask
ENTRY FEE:	\$15.00/wrestler
AGE GROUPS:	Bantam (born 1992-1993) Pee Wee (born 1994-1995) Novice (born 1996-1997) Freshie (born 1998-younger)
RULES:	SAWA modified hip toss rule*
WEIGHT CLASSES:	Pooled by gender, age group and weight
WEIGH-INS:	At home weigh-in as per SAWA Policy -1- Wednesday, November 30 th -2- Email or fax the weigh-in sheet by -3- Wednesday, Nov.30 Email preferred. -4- Email: russfersch@sasktel.net -5- Fax: (306) 378-2338
WRESTLING START TIME:	<u>9:30am</u>
AWARDS:	Medals for 1 st , 2 nd , and 3 rd in each category.
ACCOMMODATIONS:	Elrose Tavern & Motel (very nice) 1(306) 378-2223 Elrose Inn 378-4123
CANTEEN:	canteen at school during meet, breakfast available at CR Sweet Restaurant
MORE INFORMATION:	Call Russell Fersch (306) 378-4041 cell# 378-7977 Or email: russfersch@sasktel.net

NOTE: must be a registered SAWA member to wrestle in tournament

Another Note: If coming please notify me with your intentions and # of kids expected as soon as possible to help with planning a successful tournament. There will be classrooms for teams to put their coats/bags, as there are no jackets/bags allowed in the gym for wrestlers or spectators. The rooms will be locked with a key person available to open upon request but the teams are responsible for leaving the class rooms in its original state. If there is a mess or problems with the class rooms this means the end of the Elrose elementary Invitational Tournament.

*** 6.23.1 SAWA Modified Hip-toss rule:**

AGM2004:20

- the rule applies to the Freshie, Novice, Pee Wee and Bantam age groups.
- A standing "hip-toss" (head & arm throw) may be executed a maximum of 2 times in a match by each wrestler.
- Upon using the hip-toss,
 - the match is stopped, with no possibility of a pin,
 - points (3) are awarded for the throw.
- The match is restarted in the standing position.
- Should a wrestler use the hip toss a third time in a match, the official should warn the offending athlete. If the wrestler continues to use the hip toss after a warning, a caution may be given and points awarded to the other wrestler at the discretion of the official.

2005 Elrose Registration

Email : Russell Fersch by Wednesday Nov. 30th. Or Fax (306) 378-2338

Team Name:

Coach:

Coach Phone (Day):

Coach Phone (Eve):

Bantam	1992 - 1993
PeeWee	1994 - 1995
Novice	1996 - 1997
Freshie	1998 or later

No.	First Name	Last name	Gender (M/F)	Birthdate Day/Month/Year	Age Category	Weight (KG)
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